TOWN of LEDYARD
REQUEST FOR PROPOSAL
#2023-03
FIREFIGHTER PHYSICAL EXAMS

The Town of Ledyard is currently seeking proposals and pricing for Firefighter Physical Exams. The department has approximately 75 members who will be evaluated on a 1-year, 3-year, or 5-years cycle dependent upon age and in conjunction with our established respiratory protection program.

INQUIRIES: Questions concerning this RFP shall be directed to:

Stephen C. Holyfield
Administrator of Emergency Services
Town of Ledyard
Phone (860) 449-3364
Email: admin.emergency@ledyardct.org

SUBMISSION REQUIREMENTS:

Two hard copies shall be received no later than August 4, 2022, at 2:00 p.m. at which time the bids will be opened and read aloud in the Mayor's Office. Delivery of the proposals is the sole responsibility of the proposer. Any bids received after August 4, 2022, at 2:00 p.m. will be returned, unopened, to the bidder.

Please mail or deliver proposals in a sealed envelope marked "RFP #2023 – 03 Firefighter Physical Exams" along with the company's full return address to:

Kristen Chapman, Mayoral Assistant
Town of Ledyard
741 Colonel Ledyard Highway
Ledyard, CT 06339-1511

Bid submissions must include all requested information; incomplete bids will be eliminated. The Town is not responsible for any costs incurred by the proposers in the preparation of the proposals. The Town is not responsible for any work performed prior to the approval of the executed contract.

Bid submission MUST include a listing of office hours and locations. Weekday and weekend hours preferred.

BID SPECIFICATIONS:

The medical evaluation shall minimally include the following:

• A comprehensive medical history

• A baseline occupational history including significant past exposures & training/experience with personal protective equipment

• Height & Weight

• Vital sign: pulse, respiration, blood pressure, & temperature

• Phlebotomy: CBC, CMP (blood glucose levels, electrolyte & fluid balance, kidney function, and liver function), Cholesterol testing & Lipid Panel.

• Eyes, Ears, Nose, Mouth, Throat

• Cardiovascular System

• Respiratory System

• Gastrointestinal System

• Genitourinary System

• Endocrine & Metabolic Systems

• Musculoskeletal System

• Neurological System

• Dermatological System

• EKG

• Audiometry audiogram

• Pulmonary Function Test

• Visual Screening

- Chest X-ray (initial and if medically indicated)

Proposals shall include a cost breakdown of each component of the medical exam (i.e. cost for the physical, cost for bloodwork, cost for the chest x ray, etc).